

# COVID-19 Pandemic Timeline Activities

You can add to the timeline anything that you want to record and remember about your personal experience of the pandemic.

You can use words, symbols, stickers, colours, drawings, pictures, or a combination; as you prefer.

You could include:-

- **Things that just were: -**

- ◇ Family events, birthdays, etc
- ◇ Significant moments or turning points

- **Lost or missed things: -**

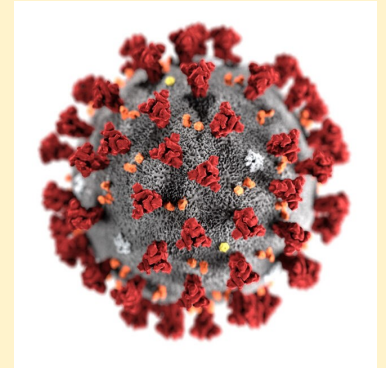
- ◇ People, activities or things you have lost or missed
- ◇ Places you didn't go.

- **New things and things to be glad about: -**

- ◇ Things you enjoyed
- ◇ Things you are grateful for
- ◇ Places you went
- ◇ New things that you didn't do before that you want to keep
- ◇ People you spent time with, either face to face or in other ways
- ◇ Things that helped you get through
- ◇ Things you made
- ◇ Things you learnt, or noticed

- **Your responses and reactions: -**

- ◇ What you discovered about yourself
- ◇ What emotions did you feel?
- ◇ When were you most afraid?
- ◇ When were you most at peace?
- ◇ Where was God for you; and where were God's people?



*A2 timeline prints are available on request from the Unlock office.*



We have not included the regularly issued data on case numbers, hospitalisations and deaths. If you want to add in that kind of data you can find it here <https://coronavirus.data.gov.uk/>

You might find this Wikipedia timeline useful for reference, especially if you like to have precise dates and details [https://en.wikipedia.org/wiki/Timeline\\_of\\_the\\_COVID-19\\_pandemic\\_in\\_England](https://en.wikipedia.org/wiki/Timeline_of_the_COVID-19_pandemic_in_England)

You can use the months that we have not yet reached, either to continue to journal as the months go by, or to express your hopes for what is to come (or a bit of both!) The big yellow box at the bottom is for you to make a note of things you want to do when it's over that you can't do now.

*Once groups can meet again safely the timeline could be used to structure a group or community reflection process.*



This sheet is designed to be used with the 'Unlock COVID Timeline'. Further materials to support these activities will be available early in 2021.

**Unlock**, by various names, has been around since 1972, trying to help (mainly) urban Christians to understand and share their faith appropriately. Our life experience matters; our stories; our joys and sorrows. The Bible has plenty to say, more than we'll ever know, about our lives, if we know how to read it and apply it - if we know how to **UNLOCK** it!

Unlock uses an approach to engaging with the Bible that is different to traditional Bible studies, based on a reflective learning cycle which is a tried and tested way of introducing people to the Bible in a non-threatening way (see below). We usually work with people outside of church who may be interested in finding out a bit more about faith but perhaps are not attracted to the formal methods of learning often associated with church life. Our approach starts from the stories and experiences of group members, whereas a more traditional approach starts from the Biblical text. It has been found to work well with small groups of urban, oral learners. Many churches have activities that draw in members of their surrounding community but then struggle with how to move on from those relationships into exploring faith, especially in urban environments where anything formal might be treated with suspicion. Unlock's approach can help with that.

There are many free resources on the Unlock website [www.unlock-urban.org.uk/resources](http://www.unlock-urban.org.uk/resources) designed for use with such groups. However, because each of these resources was designed for a particular group in a particular time and place they are unlikely be a perfect fit for your group as they stand. They are offered more as inspiration to you to design your own materials along the same lines, rather than as ready to use packages.

If you have any queries relating to Unlock materials, please contact:

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01709 380318 [office@unlock-urban.org.uk](mailto:office@unlock-urban.org.uk)

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## The Unlock Learning Cycle

### Unlocking real life

#### stories of urban people

Start with the group telling stories from their real life experience.

### Leading to more experience

What we learn now is learnt for life and changes us. We also learn to keep reflecting!

### Releasing life changing skills and confidence

Change happens as a result of linking real life experience with the Bible. This change often leads to action among others.

### Revealing Good News of the Down to Earth Christ

The real life stories are connected to and compared with similar situations in the Bible.

