

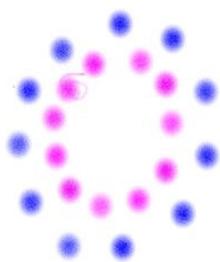
## An exercise for use in Unlock Training events.



### ‘Innie & Outtie Circles...’

If there are more people present than we would normally have in an Unlock group it might be better to divide them up into group sizes which will allow for a better flow of conversation, more people get a chance to tell their story...

So if there are roughly 20 people we divide them into 10 pinks & 10 blues...  
We make an inner circle of chairs for the pink group to sit on for the first taster.



- Ⓢ The blue 10 stand or sit in an outer circle hopefully looking through the gaps so they can see and hear the pinks well. We brief the blues that they are taking the role of facilitator & that they need to listen carefully to what the pinks are going to say.
- Ⓢ We show the pinks the prompt & ask them questions to draw out their stories and allow the story telling to take about half our time if not slightly more.
- Ⓢ We then ask the blues if the stories the pinks tell bring to mind anything from the Bible & ask them to share them - if necessary get them to clarify what made them think of that story.
- Ⓢ We then ask the pinks if they feel there are any important similarities or differences and if they would do something differently faced with a similar situation in the future.

We then swap the pinks and blues over to deliver a second taster in the changed roles.

This way no one is a spectator without a role at any point, the groups are small enough for everyone to have an opportunity to participate and get a feel for how it works. It also means that with lots of people in the blue role no one individual is under pressure to think of a Bible story.

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