

Verbal description of Walk 33 route (Clockwise)

Note main entrance to St Mary's is on south side, just to the east of A12 overpass and railway bridge.

Leave *St Mary's (checkpoint, Unlock base church)* by either exit, turning left. Go a little way along Eastway to the small bus garage, and then turn left immediately up Red Path. After crossing above the A12 bear right into the path running alongside Mabley Green. On reaching the road use either the traffic island along to the right or the lights to the left (Q17) to cross the road and reach the Wally Foster Community Centre, the home of Christchurch on the Mead C of E, which was a checkpoint on Walk 10 in 1993.

Now retrace your steps, walking west along the north side of the road. Go on up Homerton High Street until you reach *St Barnabas C of E (checkpoint)* on the right. On leaving, continue along Homerton High Street bearing right along Urswick Road (Q16) and continuing into Lower Clapton Road (Q15, Q14). At the *Round Chapel URC (checkpoint)* turn right into Powerscroft Road (Q13). Bear right across into Blurton Road, and turn left when you reach Chatsworth Road (Q12, Q11). Cross the road at the crossing and continue down, turning right into Lockhurst Street. *Paragon Chapel (checkpoint)* is on the bottom right corner.

On leaving *Paragon Chapel* go north along Glyn Street to reach Millfields Road (Q10). Here cross diagonally to the north side and turn right (Q9) until you reach Cow Bridge which provides a rare opportunity for a wheelchair to cross the River Lea Navigation.

Wheelchair users wishing to avoid the yellow gravel path mentioned below could continue along the canal tow path to Homerton Road, and turn left along the pavement to rejoin the route at the orange steel bridge.

Turn right along the canal towpath (Q8) or one of the parallel paths until you reach the hard yellow unmetalled cycle path that cuts east across the playing fields straight to a bridge across the River Lea. Continue right along the cycle path making for the slope up to the orange steel bridge which will take you across all the roads into the Olympic Park. Pass the VeloDrome on your left, don't be tempted to turn left into the car park but maintain direction southish past the tree sculpture and rope playground until you reach the timber lodge café. Here swing sharp left alongside the newbuild Legacy housing, and eventually cross at the lights into Temple Mill Lane (Q7), noting the brand new Chobham Academy on your right. Stay on the north side of the road until you have crossed the railway line.

Turn right into Major Road (Q7) at the Baptist Church (*checkpoint*). On leaving, turn right along Major Road, continuing across Chobham Road and then left into Henniker Road and right into Community Road. Cross diagonally to St Paul's Church (*checkpoint*). Continue south along Waddington Road, turning left into Windmill Lane (north side). Cross at the end, going right into The Grove, passing Central Baptist Church opposite, then turning immediately right into Grove Crescent Road (Q6) which takes you to *St Francis of Assisi RC (checkpoint)*. Leaving *St Francis* turn right to return to The Grove (Q5) and then cross to Morrison's (Q4). Go along two sides of the Morrisons building, either in front or behind, turning left along Romford Road as far as the road crossing. Having crossed, return a little way to go south into Tennyson Road. Just after the "dog-leg" turn right into Whalebone Lane, alongside the park. At the end (Q3), cross West Ham Lane and turn right (Q2) until you come to Bryant Street. Left into Bryant Street (Q1) brings you to the *Methodist Church*.

On leaving, meander westwards through back streets to reach the Stratford High Street DLR station. Just after the DLR station, you can cross Stratford High Street and turn into Lett Road, which runs into Wilmer Lea Close, then Gibbins Road and Hutchins Close, till you join Carpenters Road. Pass under the railway bridge, and maintain direction across the road and under the elevated road bridge, and then turn left up the path. At the top, cross the road and go right for a short distance, then left. You now have a choice of route.

(i) You can cross the water on a slightly rising bridge with the Orbit Sculpture ahead, and then turn right along a tree lined avenue. Maintain this direction across the open area with the rising fountains on your left.

Alternatively, (ii) turn right and make for the left hand side of the Aquatics Centre, at the end of which is a lift which will take you up to a different, rust coloured bridge across the water. Cross this bridge, and with the Orbit Sculpture to your left and the Stadium ahead, turn right into the tree lined avenue.

With the Stadium behind you on your left continue roughly northward along the tree-lined avenue with water low down on both sides of you. Maintain direction as you cross the canal and follow signs for Copper Box Arena. At the road, bear left to the bus stop, then turn left along the face of the Copper Box through the Copper Box car park to reach a bridge over the canal. Use steps or the lift down to Wallis Road, and at the road junction by Vision Gospel Ministries look for Felstead Street (Q20, Q19) which will bring you out onto Chapman Road. Turn right here and beyond waiting buses you will see *St Mary of Eton Church (checkpoint, Unlock base church)* (Q18).

If the Wallis Road lift is out of action, wheelchair users should catch the 388 bus (ten minute service) from Copper Box to St Mary of Eton Church (three minute ride)

GFC revised 12th December, 2015

Note: the route is a shade under 8 miles.