



Unlock interactive workshop for the 2006 London Walk

We set up a series of 'stations' (places where people on a journey make a stop) through which people were invited to move, and with which they could interact freely.

This set of 'stations', which we designed for the Unlock Walk in 2006 was on the theme of Journeys, but many other themes would work too.

Station		Items needed	notes
1	Sand	Large container Silver sand	Notice provided
2	Eve's story – a story to listen to on tape or CD, or an mp3 player. Another option would be to have someone reading the story aloud.	Recordings and CD or tape walkmans &/or mp3 players & headphones.	The story we used is from ' <i>Lenten Adventure</i> ' by David Rhodes. We recorded someone, with a local accent, reading the story, and arranged it so that 3-4 people could listen separately to it played back. You could use any good story on a spiritual journey theme, or approach David for permission to use this one.
3	clip from a film	Laptop, projector, screen, Clip or TV and video or DVD player.	Check if you need permission to play a short clip. We used Shrek, a video clip - 00.31.08 – 00.33.39, when donkey and Shrek start their journey.
4	Image – public transport, urban	A3 image	
5	Image – flower in an urban wasteland	A3 image	
6	Object – rucksack & travel objects	rucksack & travel objects	Tickets, passport, compass, lunch box, 1 st aid kit, etc.
7	Object – collection of maps	collection of maps	Old, new, urban, remote, road, internet, tube, etc.
8	Music to listen to	Anything with a journeying theme. We used an Enya track but you can choose your own.	Need something(s) to play it on.
9	Bible verse A	Abraham; Genesis 12:1	Print out large
10	Travel rations	Kendal mint cake, fair trade chocolate, dehydrated packets from camping shop.	Provide enough mint and chocolate so that people can help themselves. Top up during the workshop if necessary. Do use fair trade wherever possible.
11	Clay	Plastic sheet, clay, bowl of water and cloths for hand	Use the clay to express a response to what you have already seen on today's journey. Leave what

		washing.	you have made here for others to see.
12	Meccano (or lego).	Meccano (or lego).	Make something that expresses God's grace in the city. We used Meccano and it was very popular, especially with men and boys, but it isn't always easy to get hold of and you may have to find some alternative to use.
13	Flower arrangement	Scented flowers.	Theme unexpected journeys. Find a friendly local flower arranger who would like to do this for you. Or have ago yourself if you have a little experience.
14	Bible verse B	John 1:14 from the Message	Print out large
15	Bible verse C	Luke 2:4-5	Print out large
16	Potato footprints	Coloured ink pads or poster paint in trays, roll of white lining paper, potatoes cut to make footprints	People can print a footprint and add their names and where they have travelled from.
17	Song or poem	Words printed out, or a song on tape to listen to.	We used The Last Journey, (Wild Goose Publications), but other journeying songs or poems would be suitable. Always obtain permission for use.

Notes:-

Each station probably needs a title and/or some brief instructions. See examples below*.

You need to acknowledge sources of material wherever appropriate.

There are more ideas here than you strictly need, so it allows for the possibility that one or two of them may not be possible to arrange when it comes to it. What you can do will depend on which resources you can access easily. If any are going to be very difficult or expensive think again, maybe you can just do without them.

We made instruction cards for all participants to carry round (see below) . They were available in a basket at the beginning and at the end. – You will know how many people you might expect; we made about 40. The text is below. You can adapt it to your own circumstances.

Side one of instruction card

This year's Unlock 'Experience' takes the form of an interactive display. You will find a choice of things to look at, listen to, or do. Please choose any you would like, and visit/do as many, or as few, as you want to. Some of the items already offer you some things to think about. Alternatively you could use these questions to reflect on anything you encounter here. We hope you enjoy what we have prepared for you.

- How does what you see here make you feel?
- What does it remind you of from your own experience?

- How do you relate it to your faith? What would Jesus make of it?
- What do you think about it?
- What difference has it made to you?

Side two of instruction card.

A prayer for you to use if you like: -

We used 'God of our lives' from *'The Pattern of Our Days', Ed Kathy Galloway, Wild Goose Publications*. You can use anything you like but it is helpful to provide a prayer related to the theme of your workshop which people can use easily as they move around.

Other things to think about: -

- Check what space is available and what you are allowed to do in/with the space.
- Do you have permission for the messier activities?
- What sort of access is there for people with mobility problems?
- What toilet facilities are available?
- Be aware of sound contamination from one activity to another. Think carefully about how you arrange your stations, and what you put next to each other. Maybe you can use more than one room?
- Will you provide refreshments?
- Will your workshop be part of a larger event or will it stand alone.
- How will you publicise it?
- How many staff will you need? Videos need rewinding, so do tapes, clay and sand need tidying up once in a while; people need a welcome and a little encouragement to begin.
- Plan how you will get everything you need to the venue, how the tidying up will be done and how you will deliver everything back to where it belongs after the event.

Other things you might need:-

- Extension cables and adaptors,
- Various ways of playing back recordings
- Headphones
- Covers for tables for messy activities
- Blu tak
- Boards where you can pin up pictures, bible verses etc.

On the following pages are the notices we prepared for each of the stations*. You can adapt them to your own needs, or develop your own. We printed them this big, on separate sheets of coloured A4 paper, so that they were easy to spot.

Sand

Touch it, run your hands through it, let it run through your fingers; imagine walking in it, travelling over it, leaving footprints in it, getting it in your food, or your eyes.

Eve's Story

Just listen and
reflect.

*(from 'Lenten Adventure'
by David Rhodes)*

Image

Urban Transport images

Think about city journeys, you
have made.

What did you value about them?

What was challenging for you?

Did you feel at home? Or an
outsider?

Were people friendly? Or
helpful? Where you?

Film clip

Just watch
and reflect

Image

Plant in an urban
landscape.

What struggles to survive
in our cities?

What are the signs of
hope and new life there?

Travel Kit

What resources do you need for your spiritual journey at this time?

Do you need any safety equipment?

Is your pack too heavy?

Are you carrying things you no longer need?

Maps

On your spiritual journey
- How do you know which
way to go? What guides
you? Is the route pre-
planned or are you
deciding as you go along?
Is there somewhere in
particular you want to
reach?

Music

Just stop
and listen.

Travel Rations

Take a look. What
sustains your journey?

Please help yourself to
some if you would like to.

Clay

Use the clay to express a response to what you have already seen today. Leave what you have made here for others to see.

Meccano

Make something
that expresses
God's grace in the
city.

Leave what you have made
here for others to see.

Flowers

Enjoy the scents
and the colours.

Footprints

Add your own
footprints and
details to our
Unlock trail

Song

'The Last Journey'
Listen and reflect